## **My Daily Planner**

TODAY IS	M T W	TFS	S	Day Year		
My current mo	od is	•••	MOIILI	i Day fedi		
Last night I got $12345678910$ hours of sleep.						



I checked my email

☐ This morning

☐ This evening

<u> </u>	THIS IS WHAT'S HAPPENING TODAY!			Jass profesion profesion printed printed in the profesion profesion profesion printed						
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Today, I am grateful for	
The things I must get done TODAY	
	1
The things I need to do SOON	
L	

How did my day go?

☐ I rocked it! ☐ Not bad. ☐ Start fresh tomorrow.

l exercised for 30 45 1 1.5 2

Today, I am most proud of

I **read** for

Tomorrow, I plan to

