

Transcript: Setting Schedules and Routines

[Transcript \(Video\)](#)

[Transcript \(Video with Audio Description\)](#)

[Transcript \(Audio Description\)](#)

Transcript (Video)

Screen 1:

[00:00:00.000]

[MUSIC]

[00:00:04.276]

In addition to engaging curriculum and innovative online tools,

[00:00:07.767]

your student's K12-powered school has a talented faculty,

[00:00:11.195]

which includes state-certified or licensed teachers.

[00:00:14.700]

We continue to drive technological advancements and innovation, while also

[00:00:18.800]

investing in what continues to truly matter, the human factor, great teachers.

[00:00:23.830]

Teachers and staff are trained on how to effectively work in an online environment.

[00:00:28.080]

Including being able to assess
where your student is academically

[00:00:31.700]

at key points of the year and then mapping
out a student center learning path.

[00:00:36.710]

This student centered learning path,
includes the K12 curriculum and

[00:00:40.377]

may include required or
optional live class connect sessions.

[00:00:43.688]

And the need for
supplementary help sessions.

[00:00:46.430]

Your student may have more or fewer
required live class connect sessions and

[00:00:50.630]

help sessions than other students.

[00:00:52.810]

The path is mapped to
what your student needs.

[00:00:56.020]

KATIE: As a teacher, I'm able to see real time data, how the student's doing.

[00:01:00.780]

I'm able to see when they access the lesson.

[00:01:03.390]

The score they received on the assessment.

[00:01:05.380]

How many times they took the assessment.

[00:01:06.960]

How long it took them.

[00:01:08.400]

And I'm able to use that to really drive my instruction for

[00:01:12.100]

classes later in the week.

[00:01:13.600]

Or to reach out to that student, or the learning coach,

[00:01:16.620]

and provide assistance if I think that they're really struggling with something.

[00:01:20.780]

DARREN: It is important to structure your daily

schedule around your student's required

[00:01:24.632]

class connect and help sessions.

[00:01:26.259]

Your K12 powered school will share more

about what the school year will look like

[00:01:30.314]

for your student.

[00:01:31.289]

We have gathered helpful tips from

long-time learning coaches about schedules

[00:01:34.944]

and routines.

[00:01:36.260]

Most successful school days begin with

daily logging in to the online school.

[00:01:40.720]

Checking the daily schedule and

calendar each morning or

[00:01:43.820]

even the night before. It is an important

part of a successful school routine.

[00:01:48.700]

While your student has

some ability to order and

[00:01:51.102]

organize their work,
according to their personal preference,

[00:01:54.406]

there will be regular required class
connect sessions that cannot be missed.

[00:01:58.385]

These will be listed in the calendar and
daily plan.

[00:02:01.919]

Teachers and administrators know that
establishing routines during the first

[00:02:06.172]

days and weeks of school helps
make this year more successful.

[00:02:09.546]

DESIREE: Just like any mom, I'm getting the kids
up and rolling out of bed, breakfast.

[00:02:14.530]

And then everyone checks their emails.

[00:02:18.050]

And then they all check their
Class Connect schedules.

[00:02:21.470]

And then I always have a capability to see

[00:02:24.200]

all of their Class Connect

schedules as well.

[00:02:26.700]

And just to see who's

going to be doing what.

[00:02:30.750]

Kinda have an outline of the day.

[00:02:33.680]

Then, as everyone is going

through their school process,

[00:02:37.360]

then I pop in periodically.

[00:02:40.240]

Just to see how everyone's doing.

[00:02:42.622]

Making sure they're really paying

attention and focused through their class.

[00:02:46.880]

And If they have questions,

then I'm always accessible to them.

[00:02:51.650]

DARREN: Students need structure and

routines, and

[00:02:53.800]

enjoy having the security of
a planned sequence of events.

[00:02:57.300]

ANITA: Typically we get up in the morning,

I get up in the morning, and

[00:03:01.620]

I like to get everything prepared,
get all of the coursework together.

[00:03:05.750]

Get breakfast ready, lunch ready, and
then ask Zachary to get up out of bed.

[00:03:10.670]

He typically is up about 7:30, and
that's when the work really begins.

[00:03:15.540]

All the preparation work and
organizing helps us to have a smooth day.

[00:03:20.250]

DARREN: It's also important to realize

that there might be interruptions,

[00:03:23.360]

unexpected events and
illnesses that occur.

[00:03:26.930]

For smaller interruptions, try to get back on task as quickly as possible.

[00:03:31.210]

For longer interruptions, work with your student's K-12 powered school

[00:03:34.990]

to identify ways to get your students back on track.

[00:03:38.590]

As you prepare your daily schedule and daily routine,

[00:03:41.670]

remember that consistency is essential in the development of a good schedule.

[00:03:46.590]

It might take time to find what works for your family and

[00:03:49.530]

start seeing the positive results.

[00:03:51.980]

A well thought out plan and consistent routine are keys to success.

[00:03:56.810]

And as you think through your family's schedule and routine,

[00:03:58.980]

I also encourage you to protect time for your student to be social.

[00:04:02.980]

Maybe sign your child up for

[00:04:04.520]

a local youth sports league, volunteer organization, or choir.

[00:04:09.030]

And take advantage of the school activities, such as online clubs and

[00:04:12.460]

student contests, and the parent support offered through your K12-powered school.

[00:04:17.381]

I hope you have found these tips to be helpful.

[00:04:19.750]

Together, we can maximize every school day that belongs to your child.

[00:04:25.724]

[MUSIC]

Ending Time: 00:04:28.00

Transcript (Video with Audio Description)

[00:00:00.461]

[AUDIO DESCRIPTION] K12 Learning Coach University

[00:00:02.426]

Schedules and Routines.

[00:00:04.471]

Darren Reed K12 School Leadership.

[00:00:06.936]

He smiles and speaks to the camera in intervals

[00:00:08.867]

throughout the video.

[00:00:10.402]

As he speaks, a montage of video clips

[00:00:12.429]

show teachers wearing headsets and speaking into mics

[00:00:15.075]

at their computers.

[00:00:16.449]

DARREN: In addition to engaging curriculum<

[00:00:17.992]

and innovative online tools,

[00:00:19.835]

your student's K12 powered school has a talented faculty,

[00:00:22.860]

which includes state certified or licensed teachers.

[00:00:26.795]

We continue to drive technological advancements

[00:00:29.068]

and innovation while also investing in what continues

[00:00:32.182]

to truly matter, the human factor, great teachers.

[00:00:35.736]

Teachers and staff are trained in how to effectively

[00:00:38.261]

work in an online environment, including being able

[00:00:41.079]

to assess where your student is academically

[00:00:43.610]

at key points of the year and then mapping out

[00:00:46.287]

a student centered learning path.

[00:00:48.847]

This student centered learning path includes

[00:00:50.666]

the K12 curriculum and may include required

[00:00:53.285]

or optional live class connect sessions

[00:00:55.617]

and the need for supplementary help sessions.

[00:00:58.574]

Your student may have more or fewer required

[00:01:00.705]

live class connect sessions and help sessions

[00:01:03.382]

than other students.

[00:01:04.808]

The path is mapped to what your student needs.

[00:01:07.974]

[AUDIO DESCRIPTION] Katie Pointdexter, K12 Teacher

[00:01:09.923]

speaks to the camera.

[00:01:11.243]

KATIE: As a teacher, I'm able to see real-time data,

[00:01:14.952]

how the student's doing.

[00:01:16.050]

I'm able to see when they access the lesson,

[00:01:18.311]

the score they received on the assessment,

[00:01:20.586]

how many times they took the assessment,

[00:01:22.165]

how long it took them, and I'm able to use that

[00:01:24.567]

to really drive my instruction for classes later in the week

[00:01:28.699]

or to reach out to that student or the learning coach

[00:01:31.920]

and provide assistance if I think

[00:01:33.429]

that they're really struggling with something.

[00:01:35.860]

[AUDIO DESCRIPTION] Students studying at their

[00:01:36.693]

home computers alone or with their learning coach.

[00:01:39.566]

All desks are clean and organized.

[00:01:41.780]

DARREN: It is important to structure your daily schedule

[00:01:44.210]

around your student's required class connect

[00:01:46.165]

and help sessions.

[00:01:47.515]

Your K12 powered school will share more about

[00:01:49.739]

what the school year will look like for your student.

[00:01:52.776]

We have gathered helpful tips

[00:01:53.928]

from long-time learning coaches

[00:01:55.355]

about schedules and routines.

[00:01:57.250]

Most successful school days begin with daily logging in

[00:02:00.183]

to the online school, checking the daily schedule

[00:02:02.958]

and calendar each morning or even the night before.

[00:02:06.466]

It is an important part of a successful school routine.

[00:02:09.969]

While your student has some ability to order

[00:02:11.946]

and organize their work

[00:02:13.346]

according to their personal preference,

[00:02:15.485]

there will be regular required class connect sessions

[00:02:18.162]

that cannot be missed.

[00:02:19.333]

These will be listed in the calendar and daily plan.

[00:02:23.190]

Teachers and administrators know that establishing routines

[00:02:25.757]

during the first days and weeks of school

[00:02:28.214]

helps make this year more successful.

[00:02:30.794]

[AUDIO DESCRIPTION] Desiree, Learning Coach speaks to the camera.

[00:02:33.444]

As she speaks, three teens sit at a kitchen island

[00:02:36.086]

eating breakfast.

[00:02:37.328]

The three students are then shown at their computers.

[00:02:39.716]

Desiree checks in with them as they study.

[00:02:42.195]

DESIREE: Just like any mom, I'm getting the kids up and rolling

[00:02:44.676]

out of bed, breakfast and then

[00:02:48.021]

everyone checks their emails and then they all

[00:02:51.590]

check their class connect schedules

[00:02:53.436]

and then I always have a capability to see

[00:02:56.199]

all of their class connect schedules as well

[00:02:58.860]

and just to see who's gonna be doing what

[00:03:02.326]

and kind of have an outline of the day.

[00:03:05.544]

Then, as everyone is going through their school process,

[00:03:09.766]

then I pop in periodically just to see

[00:03:13.000]

how everyone's doing, making sure

[00:03:15.561]

they're really paying attention and focused

[00:03:17.191]

through their class.

[00:03:20.300]

If they have questions, then I'm always accessible to them.

[00:03:24.098]

DARREN: Students need structure and routines

[00:03:26.002]

and enjoy having the security

[00:03:27.384]

of a planned sequence of events.

[00:03:29.773]

[AUDIO DESCRIPTION] Anita, Learning Coach, speaks to the camera.

[00:03:32.062]

ANITA: Typically, we get up in the morning.

[00:03:33.904]

I get up in the morning

[00:03:35.558]

and I like to get everything prepared,

[00:03:37.660]

get all the course work together, get breakfast ready,

[00:03:41.479]

lunch ready and then ask Zachary to get up out of bed.

[00:03:45.422]

He typically is up about 7:30

[00:03:48.018]

and that's when the work really begins.

[00:03:50.187]

All the preparation work and organizing

[00:03:53.124]

helps us to have a smooth day.

[00:03:54.914]

DARREN: It's also important to realize

[00:03:56.505]

that there might be interruptions, unexpected events

[00:03:59.274]

and illnesses that occur.

[00:04:01.420]

For smaller interruptions, try to get back on task

[00:04:04.255]

as quickly as possible.

[00:04:05.830]

For longer interruptions, work with your students

[00:04:08.239]

K12 powered school to identify ways

[00:04:10.630]

to get your students back on track.

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As you prepare your daily schedule and daily routine,

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remember that consistency is essential

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It might take time to find what works for your family

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and start seeing the positive results.

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A well thought-out plan and consistent routine

[00:04:29.505]

are keys to success.

[00:04:31.305]

[AUDIO DESCRIPTION] Kids playing soccer in uniform,

[00:04:32.973]

kids on a hiking trip rest at the top of a mountain.

[00:04:35.941]

DARREN: And as you think through your family's schedule

[00:04:37.611]

and routine, I also encourage you to protect time

[00:04:40.352]

for your student to be social.

[00:04:42.023]

Maybe sign your child up for a local youth sport's league,

[00:04:45.229]

volunteer organization or choir.

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And take advantage of the school activities

[00:04:50.036]

such as online clubs and student contests

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and the parent support offered

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through your K12 powered school.

[00:04:56.435]

I hope you have found these tips to be helpful.

[00:04:58.866]

Together we can maximize every school day

[00:05:01.390]

that belongs to your child.

[00:05:03.108]

[AUDIO DESCRIPTION] K12 Learning Coach University

Ending Time: 00:05:07.00

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