

My Network

FIRST DEGREE NETWORK. These are the people closest to you - those people in your life who you love and can depend on. You see these people often and have good relationships with them. Examples of people in your first degree might include: parents and siblings, best friends, relatives (including grandparents, aunts, uncles, and cousins), coaches, a boyfriend or girlfriend, etc.

Name:	Relationship to you
	Example: uncle, brother, mother

SECOND DEGREE NETWORK. The people in this circle are those you “kindasorta” know – but you might only feel comfortable interacting with them occasionally. These people are aware of you, and you are aware of them, but you don’t have a close relationship. Some of these people might be those you say “hi” to in school or at the gym, the barista at the local coffee shop, the neighbor who waves to you while walking the dog. **EXAMPLES** of people in your second degree might include: co-workers (if you have a job), teachers or counselors, your friends’ parents, neighbors, etc.

Name:	Relationship to you
	Example: friend’s parent, neighbor

THIRD DEGREE NETWORK. These are people who you WANT to meet or know. These are people who could potentially help you with your career dreams. This could be anyone. Don’t underestimate yourself!

Name:	Relationship to you
	Example: local politician, chef at a local restaurant, etc.